

We Take Care of the Whole Athlete...

The Brevard College Sports Medicine Team is uniquely comprised of a multi-disciplinary team of professionals who are committed to taking care of the whole athlete. The Sports Medicine Team consists of primary care physicians who establish each athlete's level of health and conditioning, and help identify and manage any medical problems along the way. The orthopedic surgeons on the team are also committed to taking care of our collegiate athletes, and are on hand to advise about injury prevention, to care for injuries that may occur and to create appropriate rehabilitation plans for athletes. Rounding out the sports medicine team are physical therapists and athletic trainers who support treatment plans and work to teach athletes how to prevent injuries from occurring.

Meet the Medical Team

BREVARD FAMILY PRACTICE

Dr. Tim Shea, Dr. Minerva Pineiro and Dr. Emily Melton, family practice physicians, have built a medical practice that focuses on health and wellness, and sports medicine is a positive "fit" for these physicians. Dr. Shea completed his medical training at Albany Medical College in New York, while Dr. Pineiro completed her training at the University of Alabama School of Medicine. Dr. Melton completed her medical degree at Eastern Carolina University School of Medicine.

Call 828.884.9362, or log onto www.brevardfamilypractice.org for more information.



BREVARD ORTHOPAEDICS

Dr. Angus Graham and Dr. Mark Lemel, both fellowship trained and board certified orthopaedic surgeons, bring an important component to the sports medicine team: specialized training specific to sports medicine. Dr. Graham is a member of the American College of Sports Medicine, and was on the University of Florida Gators' sports medicine team while at the University of Florida's Department of Orthopaedic Surgery. Dr. Lemel was a member of the consulting staff for sports medicine for the Jacksonville Jaguars, following his fellowship in Cleveland, Ohio.

Call 828.884.2055, or log onto www.brevardortho.com.

TRANSYLVANIA COMMUNITY HOSPITAL

Only 2 miles from Brevard College, Transylvania Community Hospital offers comprehensive acute inpatient, outpatient and diagnostic medical care. The emergency department is open around the clock, and is staffed with highly-skilled physicians and nurses, specially trained in emergency care. The hospital also offers diagnostics often needed when athletes sustain injuries—including MRI, CT, ultrasound and nuclear medicine testing, all read by radiologists from Asheville Radiology Associates. For more information about the hospital, log onto www.tchospital.org.



MEDICAL ASSOCIATES OF TRANSYLVANIA

Dr. Ruffin Benton III serves as a team doctor for the local high schools, and continues to share his passion for medicine and sports with many youths each year—now including collegiate-level athletes at Brevard College. Dr. Benton attended medical school at the University of North Carolina at Chapel Hill, and is board certified in family practice, aviation medicine and sports medicine.

Call 828.884.9030 or log onto www.matpaonline.com.



TCH REHAB SERVICES

Tom Hartz, MPT, manager of the Hospital's Rehab Services Department, gained experience through years of service to a great team: the US Military. He offers expertise in exercises that prevent injury and post-injury rehabilitation, as well as conditioning.

Call 828.883.4967.



SPORTS MEDICINE TEAM

for athletes at Brevard College

Did you know?

Two-thirds of injuries occur on the practice field.

The Brevard College Sports Medicine Team is Here to Care for Athletes' Needs

The team of physicians and health professionals who provide sports medicine care for athletes at Brevard College understand the scope of needs specific to college athletes. Collegiate-level athletes spend tremendous amounts of time practicing and conditioning—often resulting in injury before game season begins. That's why members of the sports medicine team are readily available for consultation when athletes are training and are often seen in the training room, practices and home games. The physicians and rehab professionals also conduct annual physicals, in order to get to know all athletes and their levels of health before sports seasons begin.



SPORTS MEDICINE TEAM

PREVENTION

CONDITIONING

TREATMENT

REHABILITATION

- Coaches
- Trainers
- Physicians
- Therapists

BREVARD
FAMILY
PRACTICE



Medical Associates
of Transylvania, P.A.
Where great medical care begins

